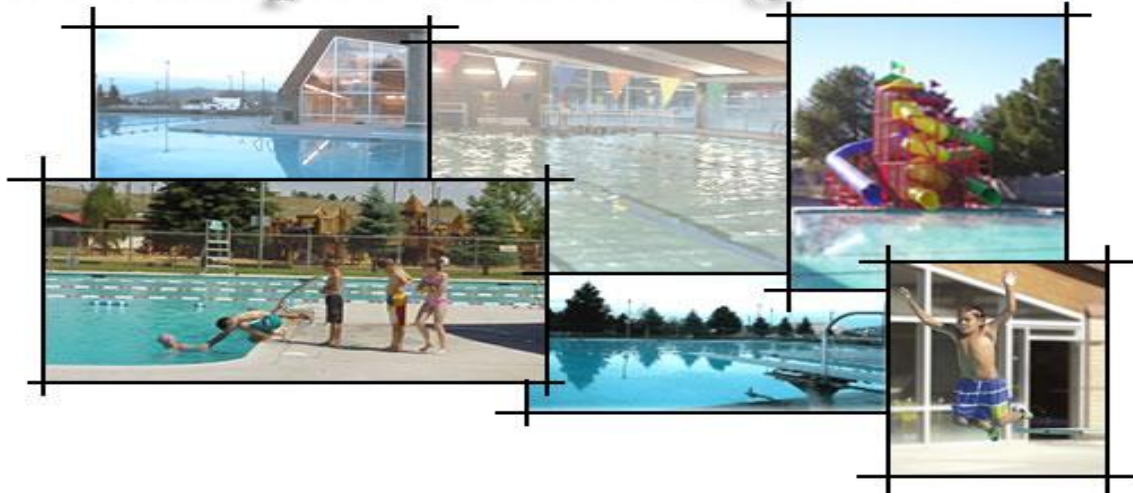


# Municipal Swimming Pool



## WSI Course

### Prerequisites:

**Must be 16 years of age**

**Take a Fundamentals of Instructor Teaching course (FIT) (see class time below)**

**Swim the following strokes:**

**\*Front crawl 25yds.**

**\*Back Crawl 25yds.**

**\*Breaststroke 25yds.**

**\*Elementary Backstroke 25yds.**

**\*Sidestroke 25yds.**

**\*Butterfly 15yds.**

**Maintain position on back 1 min. in deep water**

**Tread water 1 min.**

**Precourse: Pre-course Monday May 17, 2010 (after the FIT course)**

**At the Elko Swimming Pool**

**Payment is required after passing the pre-course.**

**Cost: \$140.00 (this includes your books and other materials)**

Monday, May 17	5:30 pm – 8:30 pm
Wednesday, May 19	5:30 pm – 8:30 pm
Thursday, May 20	5:30 pm – 8:30 pm
Monday, May 24	5:30 pm – 8:30 pm
Wednesday, May 26	5:30 pm – 8:30 pm
Thursday, May 27	5:30 pm – 8:30 pm

**Sign ups start: Now by calling 777-7290 and leave a message with your name and telephone number, or email [swimmingpool@frontiernet.net](mailto:swimmingpool@frontiernet.net)**

**\*A FIT (Fundamentals of Instructor Training) course will be taught Monday May 17 from 5:30-8:30 p.m.\*\* Bring your swimsuit. You must have a FIT course to be enrolled in the WSI class.**