

# City of Elko Swimming Pool Lifeguarding Class

---

Dates: April 26 - May 11, 2011

Pre-course Date: **Tuesday April 26 from 7pm-8pm at the Elko Pool**

Class Dates (you must attend EVERY class scheduled):

Sunday May 1: 9-11 am and 1-3:30 pm

Monday May 2: 6:00-9:00 p.m.

Tuesday May 3: 6:00-9:00 p.m.

Wednesday May 4: 6:00-9:00 p.m.

Thursday May 5: 6:00-9:00 p.m.

Monday May 9: 6:00-9:0 p.m.

Tuesday May 10: 6:00-9:00 p.m.

Wednesday May 11: 6:00-9:00 p.m. FINAL TEST

**Prerequisites:**

\*Minimum of 15 years

\*Swim 300 yards continuously using crawl and breast stroke only

\*Starting in the water swim 20 yards using front crawl or breaststroke, surface dive 7-10ft., retrieve a 10 lb. object, return to the surface swim 20 yards to the starting point with the object and exit the water without using ladder or steps within 1min. 40 sec.

**Cost:**

\*\$125.00 (includes Lifeguarding book, pocket mask and other materials). You are required to pay after passing the pre-course. \$25.00 sign up fee (this will be taken off of cost of class when you pass pre-course). Non-refundable if you no-show or don't cancel before April 26.

**Certification Requirements:**

\*Attend all class sessions

\*Demonstrate competency in all required skills and activities

\*Demonstrate competency in the 3 final skills scenarios

\*Correctly answer at least 80% on the final written exam

\*\*For more information contact Nikki Johnson at 777-7290 or 777-7299

**Sign up at the Swimming Pool starting April 1, 2011**

(you may only sign up for yourself, not your friends)

**This course is for the participants only, the class times are closed to the public. Applications will be given out at the end of the course. This course is for a Lifeguard certification only, to be considered for employment by the City of Elko you will need to apply and go through the hiring process.**